



Inpatient Obstetric Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Examination "Inpatient Obstetrics." Elements of the examination will be discussed, followed by a review of the content. Pictures, animation, and graphics will be utilized to enhance the presentation. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client, and postpartum and neonatal assessments. Practice questions will be integrated throughout the content.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 **Understanding the NCC Examination**
Preparing for the Exam | Reference Review

Maternal Factors Affecting the Fetus and Newborn (14%)

0830 **Disease Processes**
Hypertension | Diabetes

0930 **Break**

0945 **Disease Processes (cont.)**
Cardiac Disease | Pulmonary Disease | Infectious Disease | Hematologic Disorders | Urinary & Renal Disease | GI Disease | Autoimmune Disorders

1130 **Pregnancy Risk**
Teratogens | Substance Abuse | Domestic Violence | Obesity

1200 **Lunch**

Fetal Assessment (20%)

1300 **Antepartum Assessment**
Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Genetic Screening

1430 **Break**

1445 **Electronic and Non-Electronic Fetal Monitoring**
Fetal Heart Rate Assessment | Acid-Base Assessment

1600 **Adjourn**

Agenda

Day 2, 8:00 am to 4:00 pm

Labor & Delivery (29%)

- 0800 **Physiology of Labor**
Uteroplacental Physiology | Theories on Labor Initiation
Labor Management
General Assessment | Stages of Labor
- 0900 **Obstetrical Procedures**
Version | Episiotomy | Forceps and Vacuum Extraction
- 0930 **Break**
- 0945 **Obstetrical Procedures (cont.)**
Cesarean Birth | VBAC | Induction of Labor and Cervical Ripening

Obstetric Complications (20%)

- 1045 **Obstetric Complications**
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation | Prolonged and Postterm Pregnancy | Obesity and Bariatric Surgery

- 1200 **Lunch**

Postpartum (10%)

- 1300 **Postpartum**
Physiologic Changes | Complications | Family Adaptation | Lactation

Newborn Care (5%)

- 1330 **Newborn**
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders | Congenital Anomalies | Routine Care & Screening | Late Preterm Infant | Neonatal Abstinence Syndrome
- 1430 **Break**

Professional Issues (2%)

- 1445 Patient Safety | Safe Staffing | Legal Issues | Nursing Ethics | Nursing Research | Evidence-Based Practice | Quality Improvement
- 1600 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

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